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Subject: Lesson Plans for Religion / Value Education Classes

Dear Managers/ Principals / Heads of the Archdiocesan Board of Education Institutions,

Greetings of love, peace and joy from the Diocesan Catechetical Centre! May the Word of God Enlighten our lives! Let us be missionaries in our own little ways.

In view of the EXTRAORDINARY MISSIONARY MONTH (October 2019) Our Archbishop has requested us to prepare some lesson plans for all the ABE Institutions. We are forwarding to you prepared 'Religion Class Lesson Plans' which can be taught also to the students of other faiths. Since we are nearing the end of the First Term, you could just brief them about the Lesson Plans this Friday and teach it to them during the Second Term. Let us implant in our catholic pupils love for the missions and try to be missionaries wherever we go and wherever we are placed.

Thanking you for all the missionary endeavours you shoulder in your school.

Yours sincerely,
Fr. Romeu Godinho,
Director



1. THEME: PARENTS - PRECIOUS GIFT OF GOD



SESSION SIMULATOR

In this game the Teacher has to provide the students with puffed rice in their hand, and tell them to have the puffed rice without bending their hands or elbow. Don't tell them in whose mouth they are supposed to put the puffed rice, even if they ask don't tell them. The one who gets the idea first to feed the other is a winner.



LESSON

Learn to be generous, to be giver and not only a receiver.

EVOCATION OF HUMAN EXPERIENCE

My mom only had one eye. I hated her... She was such an embarrassment. She cooked for students and teachers to support the family.

There was this one day during elementary school where my mom came to say hello to me. I was so embarrassed.

How could she do this to me? I ignored her, threw her a hateful look and ran out. The next day at school one of my classmates said, "EEEE, your mom only has one eye!"

I wanted to bury myself. I also wanted my mom to just disappear. I confronted her that day and said, "If you're only gonna make me a laughing stock, why don't you just die?"

My mom did not respond.. I didn't even stop to think for a second about what I had said, because I was full of anger. I was oblivious to her feelings.

I wanted out of that house, and have nothing to do with her. So I studied real hard, got a chance to go abroad to study.

Then, I got married. I bought a house of my own. I had kids of my own. I was happy with my life, my kids and the comforts.

Then one day, my Mother came to visit me. She hadn't seen me in years and she didn't even meet her grandchildren.

When she stood by the door, my children laughed at her, and I yelled at her for coming over uninvited. I screamed at her, "How dare you come to my house and scare my children! GET OUT OF HERE! NOW!!!"



And to this, my mother quietly answered, "Oh, I'm so sorry. I may have gotten the wrong address," and she disappeared out of sight.

One day, a letter regarding a school reunion came to my house. So I lied to my wife that I was going on a business trip.

After the reunion, I went to the old shack just out of curiosity. My neighbors said that she died. I did not shed a single tear. They handed me a letter that she had wanted me to have.



My dearest son,

I think of you all the time. I'm sorry that I came to your house and scared your children.

I was so glad when I heard you were coming for the reunion. But I may not be able to even get out of bed to see you. I'm sorry that I was a constant embarrassment to you when you were growing up.

You see.....when you were very little, you got into an accident, and lost your eye. As a mother, I couldn't stand watching you having to grow up with one eye. So I gave you mine.

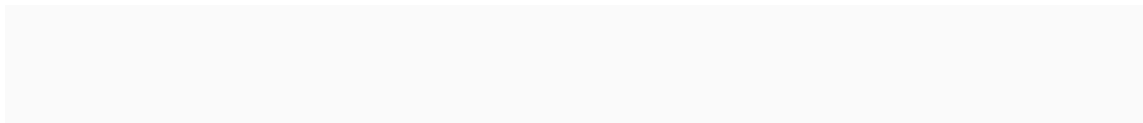
I was so proud of my son who was seeing a whole new world for me, in my place, with that eye.

With all my love to you,

Your mother.

MORAL

Give your parents roses while they are alive, not dead, they are most precious gift for us.



QUESTIONS

- 1) What would you have done if you were in the son's place towards the mother?
- 2) Can you repay the sacrifice and love of your parents? If yes how and if no then why?
- 3) What was the message in the letter from the mother to her son?
- 4) What do you learn from this real life experience?

The Story of the Prodigal Son

There was a very rich person. He had two sons. The first son was hard working. He always obeyed his father. He was a very good and nice person. But the second son was totally different from the first son. He was lazy. He did not work in his father's field. He was disobedient to his father. He wanted to lead a gay and free life.



One day, the younger son said to his father. "Father, give me my share of property." The father felt very sad. He divided the property. The second son took his share of property and left home. He went to a distant land. There he made a lot of friends. He spent his money lavishly eating with his friends the best of foods and drinking the richest wines besides this he had a number of other bad habits. Soon he was left with no money. His friends saw this and soon they all deserted him one by one.

AT that time, there was a famine in that land. He could not get any job. None of his

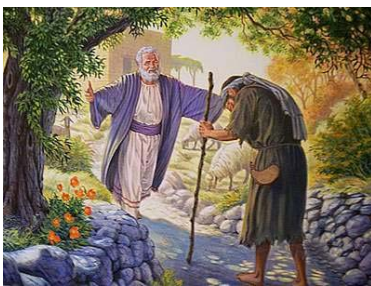


friends gave him food or money. He was forced to take up a very menial job. His job was to feed the pigs. Very often he ate the food kept for the pigs. He was very sad about his present conditions.

He soon began to think of his father and his brother. He said to himself, "In my father's house, even the servants have enough food. They get good shelter too. But here, I am struggling for food and shelter. I will go back to my father. I will beg him to take me as his servant."



So decided, the prodigal son set out for his father's house. In the meantime, his father was always thinking of his second son. He would sit near the windows. He would look



out at the road, expecting his son to return home.

One day his father saw his son coming at a distance. He ran out of his house in great joy. He met his son on the way. His son knelt down. He said, "Father, I am not fit to be your son. Take me as your servant."

His father lifted him lovingly. He



embraced him. He turned to his servants. He said, "Bring the best robe. Put it on my son. Put a ring on his fingers and shoes on his feet. Kill the fatted calf. Prepare a feast. Let us eat and enjoy. My son was lost. Now he is found."



The elder son was returning from his work. He heard the sound of the music and dancing from his house. He asked one of his servants about it. His servant told him, "Your brother has come. Your father is rejoicing at his return. A fatted calf has been killed to prepare for a delicious feast and the celebration."

The first son was angry. He refused to enter his house. The father came out. He begged his elder son to come in for rejoicing. The elder son said, "I have obeyed you all these years. I have done all your works. But you never gave me even a kid to enjoy with my friends. This son wasted all your money and property. And you order a fatted calf for him!"

His father replied, "My dear son, you are always with me. All my property is yours. Your younger brother was dead. Now he is alive. He was lost. Now he is found. Therefore should we not rejoice?"

The elder son understood the love behind the words of his father. He forgot everything about his younger brother. He decided to take part in the celebration. He was happy.

QUESTIONS

- 1) When the father saw his son still a long way from home what did he do?
- 2) When the son came to his senses and realized his mistake what did he said to his father?
- 3) Who are you in this story? Are you a prodigal son? Or Are you the rebellious son, lost and far from God? Or are you one of the servants in the household, rejoicing with the father when a lost son finds his way home? And why?

INTERPRETATION OF THE HUMAN EXPERIENCE IN THE LIGHT OF THE Story of the Prodigal Son

SR.NO	HUMAN EXPERIENCE	STORY OF THE PRODIGAL SON
1	Forgetting the sacrifice and love of his mother he prefers her death	Forgetting the sacrifice and love of his Father and prefers his friends
2	Mother was waiting but he never cared for her	Father was waiting and he comes
3	Realizes his mistake but it was too late	He realizes his mistake before it becomes late
4	In spite of so many insults the mother forgives his son	Father forgives his son and embraces him
5	Where do I stand in this regard	

LIFE APPLICATION



Be thankful to God: We should be thankful to God, for our parents and that we still enjoy their love and affection. Many of us are lucky to have our ‘Moms’ and ‘Dads’ with us; there are so many orphaned children in the world who do not get the love of parents, which we enjoy. Parents are the greatest gift of God to mankind. In the eyes of our parents we are still Children no matter what our age is!

Love your Parents: Love your parents, as they loved you in your childhood. If a thorn pricked you, it used to prick them in the heart. Every pain of yours was and is related to their heart. You may be busy in your work, wherever you are don't forget your parents, who gave you life.

Hopes of Parents: Parents want their children to be successful which is their main goal in their life. Hence do a job which makes them happy and proud of you.

Blessings of Parents: The key to success is to enjoy your parent's blessings. You will not achieve anything if you run into the world, without parent's blessings.

ACTIVITY

- Write a letter to your parents, expressing your gratitude to them for all the sacrifice they did for you when you were a child.



MEMORISE



Proverbs 23/25 - "Let your father and mother be glad; let her who bore you rejoice."

Proverbs 23/22 - "Listen to your father who gave you life, and do not despise your mother when she is old."

HOME WORK

- This week try to obey your parents, and see what the result of it is.
- If you have forgotten to respect them, ask them forgiveness.
- Make a heart of cardboard and stick your family photo and write below it how precious your parents are to you and offer it to them as your gift,

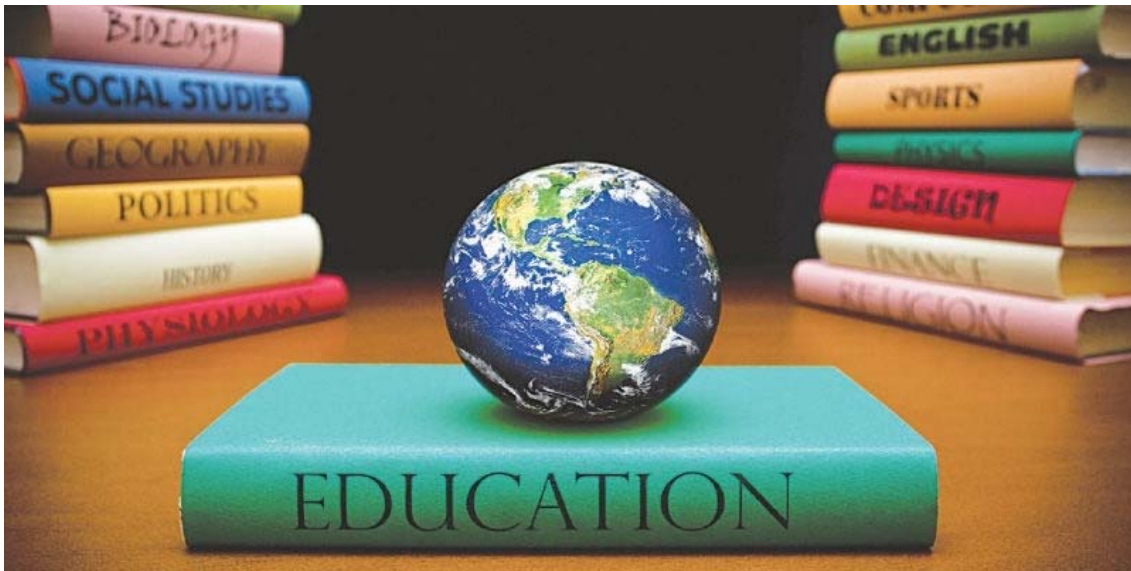
CONCLUDING PRAYER

A PRAYER OF A STUDENT

Father, we thank you for blessing us with the gift of our parents. Bless them all with good health and give them the strength to be firm in raising us up as worthy citizens of our country. May they be excellent role models for their children. Amen.



2 **THEME: IMPORTANCE OF EDUCATION**



AIM

To empower students to know their fundamental rights

MATERIALS REQUIRED

Pictures of Lawyers, social activists and environmentalists

SESSION SIMULATOR

(Action song)

*Every person is a gift from
God(x3)*

A wonderful marvelous gift

I am a gift you are a gift

Every person is a gift

Every person is a gift from

God(x3)



EVOCATION OF HUMAN EXPERIENCE

Once there was a man named Roger who lived in a village. He was a teacher by profession and was a very honest man. He was the first to set up a school in his village with the help of some of his friends.

Setting up the school was not an easy task; he had to face many challenges as nobody was willing to enroll themselves. Parents felt that sending their children to school was a waste of time instead their children could assist them in the cultivation of their fields and thus follow the traditional occupations. Children too disliked the idea and they too thought it was a waste of time.

In order to motivate the villagers, Roger invited some parents and students from the city to talk to them highlighting the importance of education. This brought a favorable response and a few children joined the school. Roger now added a playground to the school and introduced several sports and games to encourage enrolment in the school. It worked the number of students increased as the school blended both curricular and extra-curricular activities.



After completion of their education some students went to the cities for higher education. Some of them became great scientists and contributed their best by setting up

several educational institutions and developing their village. The village later became a city and people from the nearby villages flocked to this place for quality education. Thus we see that education makes a difference in the lives of people. Education may also become an amour at the time of adversity.

QUESTIONS

- 1. Is it possible for a narrow-minded person to achieve success?*
- 2. How would you convince your neighbor to enroll in the school?*
- 3. How can education empower us to be responsible citizens?*
- 4. We all have been gifted how can we use our gifts for the good of all?*

THE BEATITUDES



When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. "Blessed are those who mourn, for they will be comforted. "Blessed are the meek, for they will inherit the earth. "Blessed are those who hunger and thirst for

righteousness, for they will be filled. "Blessed are the merciful, for they will receive mercy. "Blessed are the pure in heart, for they will see God. "Blessed are the peacemakers, for they will be called children of God. "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven." Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

QUESTIONS

- 1) Which are the virtues that you would like to have from this passage?
- 2) What kind of a reward is awaiting those who work to restore peace in the world?

LIFE APPLICATION

Home:

If one's parents are farmers we could educate them about the different schemes made available to them by the government so that they could make use of the benefits provided in order to sustain themselves

School:

Children can be educated about the various norms laid down by the government for their protections in School (educating them about the *Posco Act*)

Society:

People should be educated so that they could get rid of all kinds of false ideologies and superstitions in order to live peaceful lives.



ACTIVITY



Prepare a Collage using picture cutouts and drawings to highlight the importance of human dignity in society and our response to it.

MEMORISE

And whatever you do whether in word or in deed do it all in the name of the Lord Jesus giving thanks to God the Father through him.

HOME WORK

Write an essay on the importance of education and share an experience \ idea of how you can make an impact in the lives of people in need of help.

CONCLUDING PRAYER

Heavenly father we thank you for blessing us with a wonderful and a precious life, may we always value it to the fullest and grow more and more in your love. May your love guide us to know ourselves better so that we may love each other genuinely, for your greater glory.



3. THEME: CHOOSING GOOD OVER EVIL

AIM

Knowing what is good and bad, children's choice of doing good.



SESSION SIMULATOR

GAME: Picture puzzle.

Children will be divided into groups; 5 children in each group. 'Cut picture pieces' of some great personality will be given to them. They have to assemble the pieces together and make a picture out of it. The group which finishes first will be the winner.



EVOCATION OF HUMAN EXPERIENCE

Johnny had once gone to a 'Fair' with his friends. As he was looking at the beautiful toys while licking his delicious ice candy he found a



wallet full of money. His friends told him to keep the wallet so that they could buy new toys for themselves. But Johnny decided to give the lost wallet to its rightful owner. Johnny went to the information desk and gave the wallet to the volunteers. The volunteer made the announcement and the owner of the wallet came and took it. The man was very happy and he rewarded Johnny. Johnny was also happy and joyful because he had done what was right!



QUESTIONS

- 1. Did Johnny do a good act?*
- 2. What role do friends play in your life?*
- 3. What would you have done if you were one of Johnny's friend?*
- 4. How do we know something is good and evil?*
- 5. How do we respond to this situation?*

STORY OF THE GOOD SAMARITAN:

Just then a lawyer stood up to test Jesus. "Teacher," he said, "What must I do to inherit eternal life?" He said to him, "What is written in the law? What do you read there?" He answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with your entire mind; and your neighbour as yourself." And he said

to him, "You have given the right answer; do this, and you will live." But wanting to justify himself, he asked Jesus, "And who is my

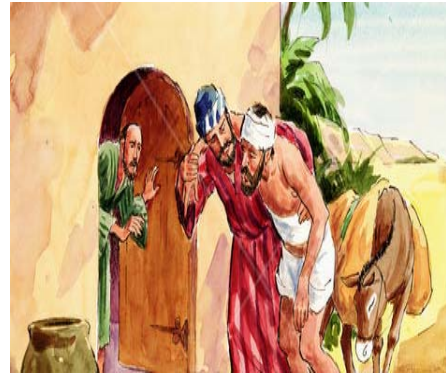


neighbour?" Jesus replied, "A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a



Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while traveling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him

on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend.' Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?" He said, "The one who showed him mercy." Jesus said to him, "Go and do likewise."



EXPLANATION OF THE STORY

In our day-to-day life we get many opportunities to do good to others. Many times we see our brothers or sisters in need and we just overlook the situation and go on our way, just like the priest and the Levite. This story teaches us to do good and help all those who are in need. The Samaritan helped the person who was in need not because he knew the person but because he saw the need and did a good act.

INTERPRETATION OF THE HUMAN EXPERIENCE IN THE LIGHT OF THE STORY OF THE "GOOD SAMARITAN"

<i>Human Experience</i>	<i>Good Samaritan</i>
<i>1. The attitude of the friends is negative</i>	<i>1. The attitude of the priest is negative</i>
<i>2. Johnny chose to do good</i>	<i>2. The Samaritan chose to help the wounded</i>
<i>3. There was joy in the person who found his wallet and in Johnny</i>	<i>3. The wounded man became happy and the Samaritan was joyful.</i>

LIFE APPLICATION

- a. Home:* Help your parents in doing some of the daily Household work rather than wasting your time. Respect elders.
- b. School:* If you find anyone's lost item return it instead of keeping it for yourself.
- c. Society:* If any old person needs help to cross road or to carry bags, help them instead of avoiding them. Help your neighbours when they are in need.

ACTIVITY

List all the good acts you can do in your day today life.

MEMORISE

The good man is free, even if he is a slave. The evil man is slave, even if he is a king.

HOME WORK

Help five or more people today.

CONCLUDING PRAYER

Lord, we thank and praise you for teaching us to help our neighbour in need. We pray for the grace to practice in our life what we have learnt. Give us the strength to make the right choice, that we may choose the good and shun all evil. We make this prayer for your love sake. Amen.



4. THEME: WE ARE THE LIGHT TO THE WORLD



GOAL

Spread the light of Knowledge.



SESSION SIMULATOR

We will now play a game. All will be blindfolded and you should move around when you meet someone you shake hands with the person and tell you name.



EVOCATION OF HUMAN EXPERIENCE

STORY: A few years ago in France, a rich Mayor was walking on the street at night. And he banged into a young man coming from the opposite direction. The Mayor got angry and issued an order that everyone who walked at night should carry a lantern with them. Some nights later when the Mayor was walking on the street and the same young man again banged into him.

“Where is your lantern?” asked the Mayor angrily.

“Here it is sir”, replied the young man.

“But your lantern is empty, where is the candle?” shouted the mayor.

“That is because your order was only to carry a lantern but said nothing about what should be inside.”

So the next morning the Mayor passed another order, that people should carry a lantern with candle inside it. Some nights later the same young man collided into Mayor again, “this time you cannot escape, where is your lantern?” The mayor shouted bursting with anger.

“Oh! Yes here it is “, said the young boy. “Then you have no candle?”, the mayor was fuming in anger. “

“I have a candle inside”, said the boy.

“Then why is it not lighted”? The mayor was fuming in rage.

“But sir your order said nothing about lighting the candle”, was the boy’s reply.

QUESTIONS

1 Why did the Mayor issue an order to carry lantern at night?

2 Did the man obey the order?

3 What was lacking in the order issued by mayor?

4 What is the moral of the story?

YOU ARE THE LIGHT TO THE WORLD

"You are the light to the world. A city set on a hill cannot be hidden. ¹⁵ Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that^[a] they may see your good works and give glory to your Father who is in heaven."



QUESTIONS

- 1 What is the purpose of light?
- 2 Are we the light of the world?
- 3 How can we spread the light to others?

INTERPRETATION OF THE HUMAN EXPERIENCE IN THE LIGHT OF STORY

HUMAN EXPERIENCE

YOU ARE THE LIGHT TO THE WORLD.

1. God has given us a quality to show a path to others. Give light to all in the house.
2. Show path to those who are involved in drinking, let your light shine before others.
3. Live an exemplary life of values.



4. Keep your lamp on the lamp stand

5. Help the helpless, loneliness sick and suffering to give glory to your father in heaven.

Realize the values of their lives and be grateful to god

LIFE APPLICATION

Home: We can be a light at home to our siblings by helping them in their studies and also guide them to right path. We can also extend a helping hand to our parents.

School: In school we can help teach a poor student in class who cannot afford tuition fees.

Society: To reach out to the poor the widows the orphans, the strangers those who are in need of care and concern, love and compassion.

ACTIVITY

Dear friends there are candles and match boxes in the store room. You all have to search for it in the darkness without switching on the light. One by one you all one by one have to go and search for it and get it. You will thus experience how difficult it is how difficult it is to find things in darkness and you will know the importance of light.

MEMORISE

“Darkness cannot drive out darkness, only light”, so let us be the light.

HOMWORK

Make a poster depicting light dispelling the darkness.

CONCLUDING PRAYER

As we conclude this session let us raise our praise and thanks to God who is the 'Light of the world'. May we feel the presence of God walking beside us and may His light be reflected to all those around us. Amen.

